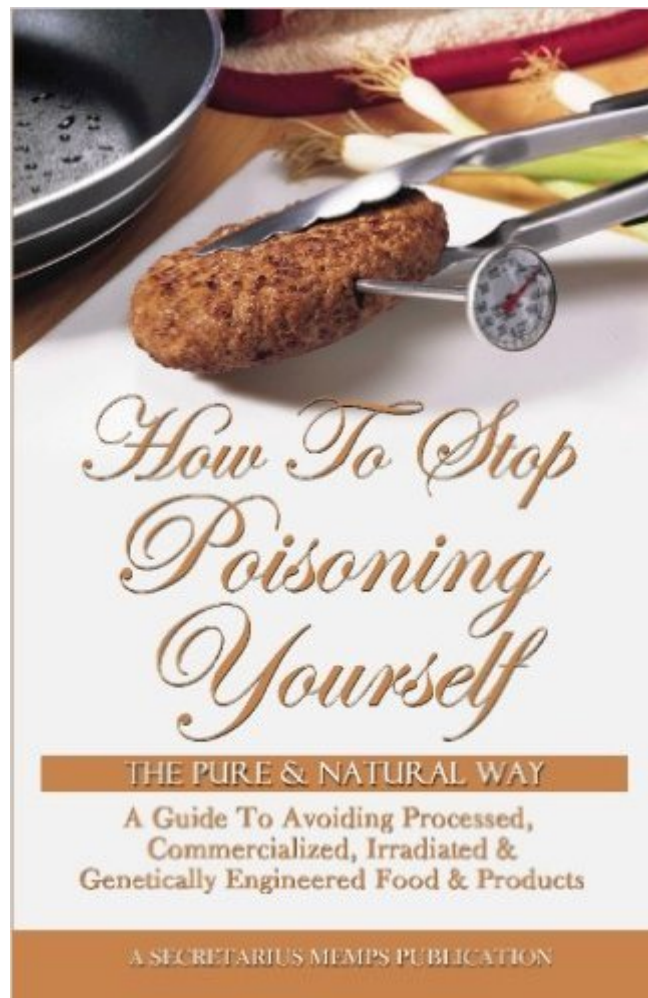


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# How To Stop Poisoning Yourself The Pure & Natural Way: A Guide To Avoiding Processed, Commercialized, Irradiated & Genetically Engineered Food And Products





## Synopsis

How To Stop Poisoning Yourself The Pure And Natural Way A Guide To Avoiding Processed, Commercialized, Irradiated And Genetically Engineered Foods By Secretarius Mempis With the advent of the age of industrialization came a move away from proper dieting and food preparation, to an explosion of processes to make food easier and quicker to prepare and eat. Although the food that comes from the earth is natural, it is poisoned in other ways and through various processes. Additives, chemicals, irradiation, pesticides, pollution, and residue from solvents and various parasites are all poisonous. This book addresses the need to keep up with and versed in the new means and methods "food" is being dumped into the human food chain. Healthy alternatives for obsolete products, updated information for altered products and comprehensive information regarding modern poisons have been furnished in this book for the reader's safety. (SPECIAL NOTE: This title is identical to The How To Eat To Live Essential Companion To Books 1 & 2: A Comprehensive Holistic How-To-Guide For "Cures" They Don't Want You To Know by Nasir Hakim (Author), Rose Hakim (Co-Author), which is written in a more theological marketing fashion) Publication Date: Sep 28 2008 ISBN/EAN13: 1884855687 / 9781884855689 Page Count: 292 Binding Type: US Trade Paper Trim Size: 5.5" x 8.5" Language: English Color: Black and White with Bleed Related Categories: Health & Fitness / Healthy Living

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Best Sellers Rank: #4,324,792 in Books (See Top 100 in Books) #97 in Books > Health, Fitness & Dieting > Nutrition > Genetically Engineered Food

## Customer Reviews

This is way too one-sided. It has religious views attached to some truth. If you have the same religion, then it might work for you. However, for the rest of us, we don't care about what so-and-so says when it's only partially based on science.

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